Using VLC to compress/convert large video files

Step 1: Open up VLC media player
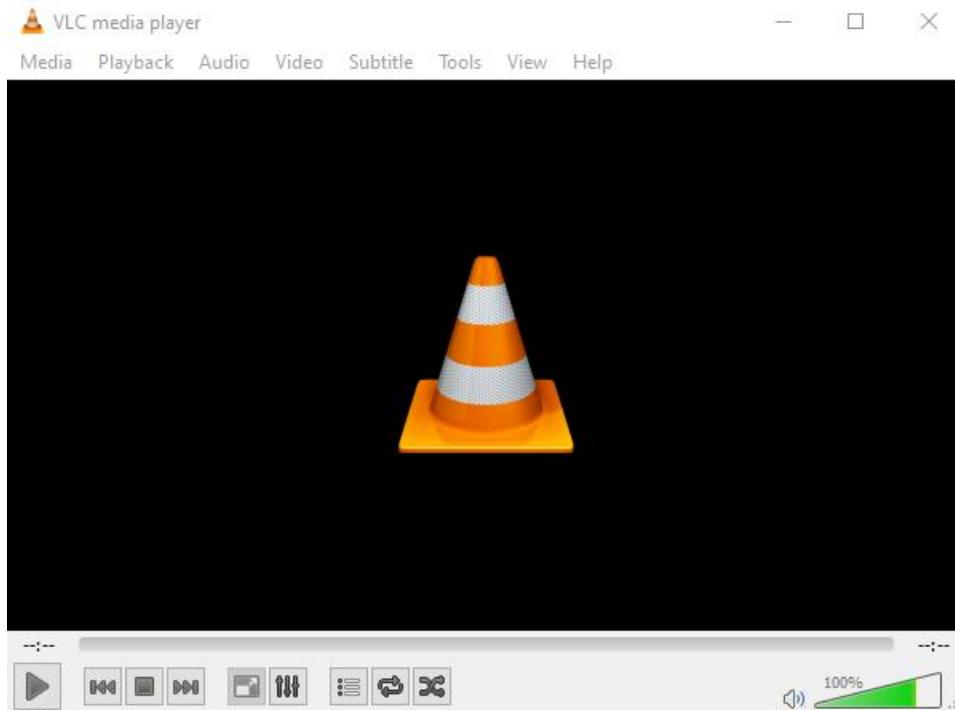
Step 2: Click on Media and then Convert/Save
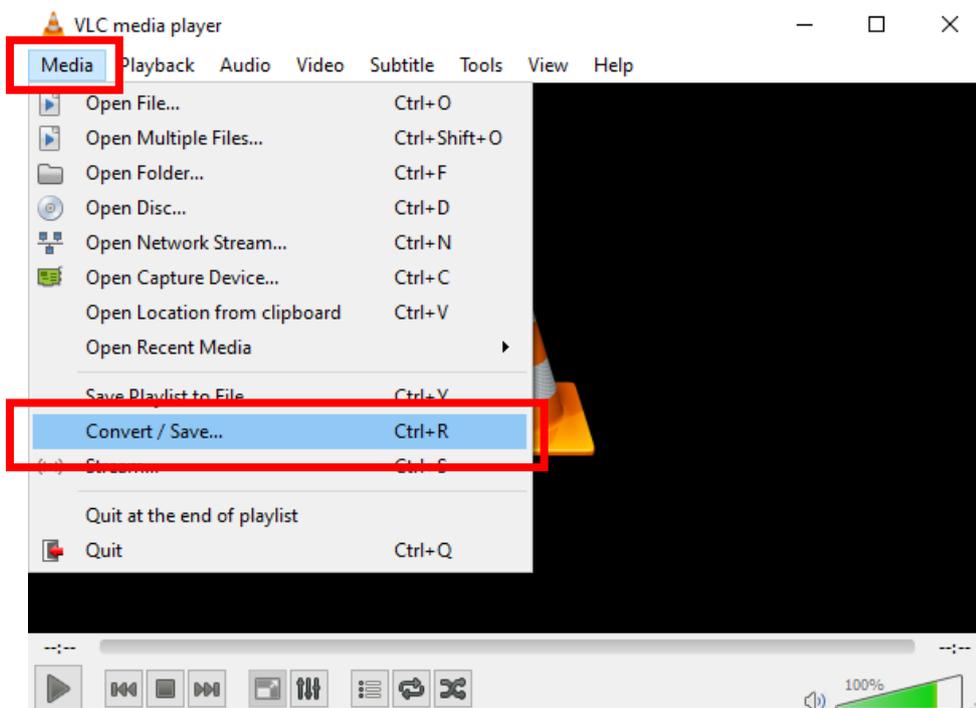
Step 3: Click on Add to choose the file that you want to convert.
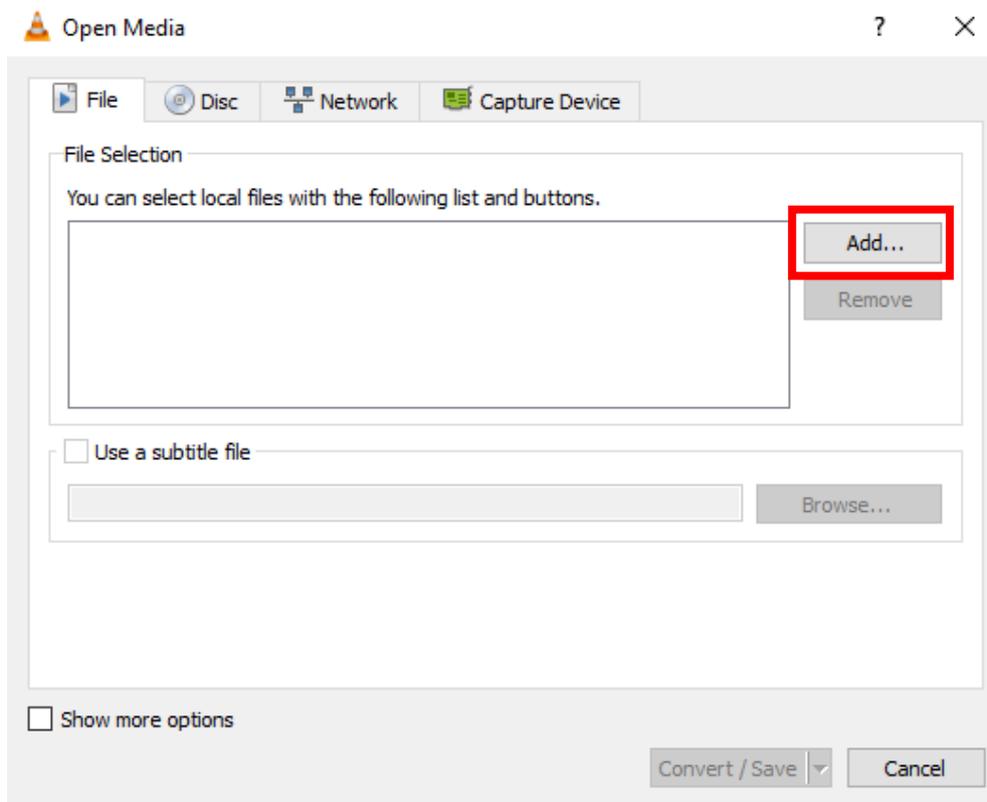
Step 4: After choosing your file, it will be listed in the white block below. Now you need to click on the Convert/Save button.
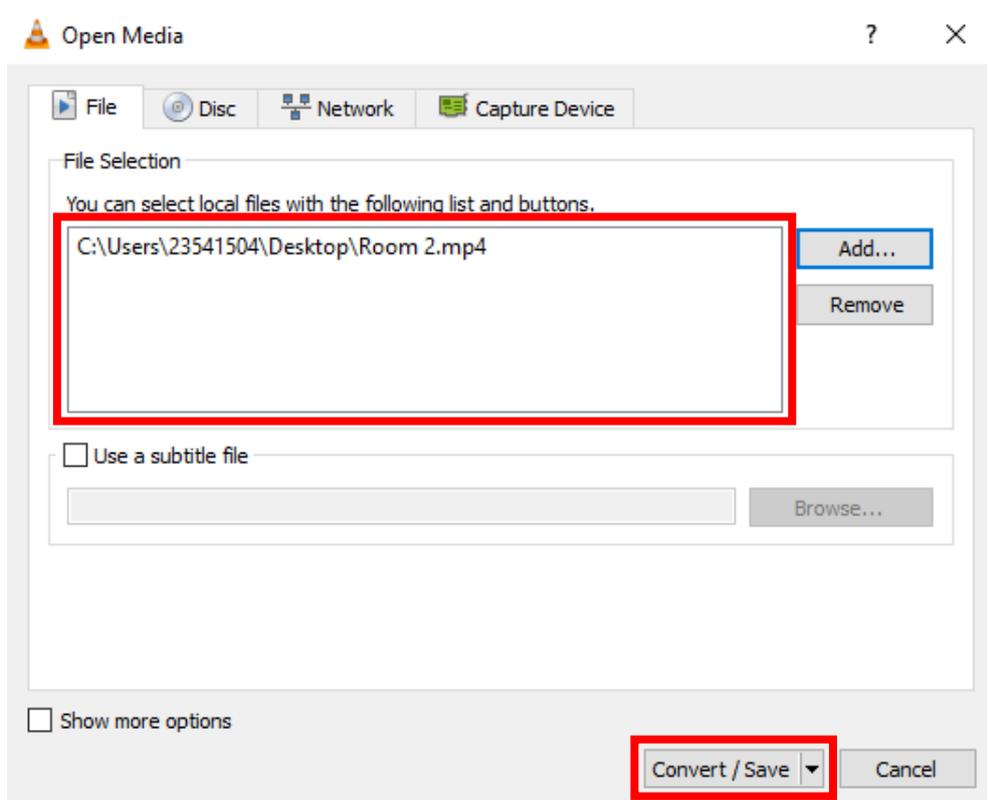
Step 5.1: You now need to choose which format you want to convert the file to. Select the dropdown list in line with Profile.
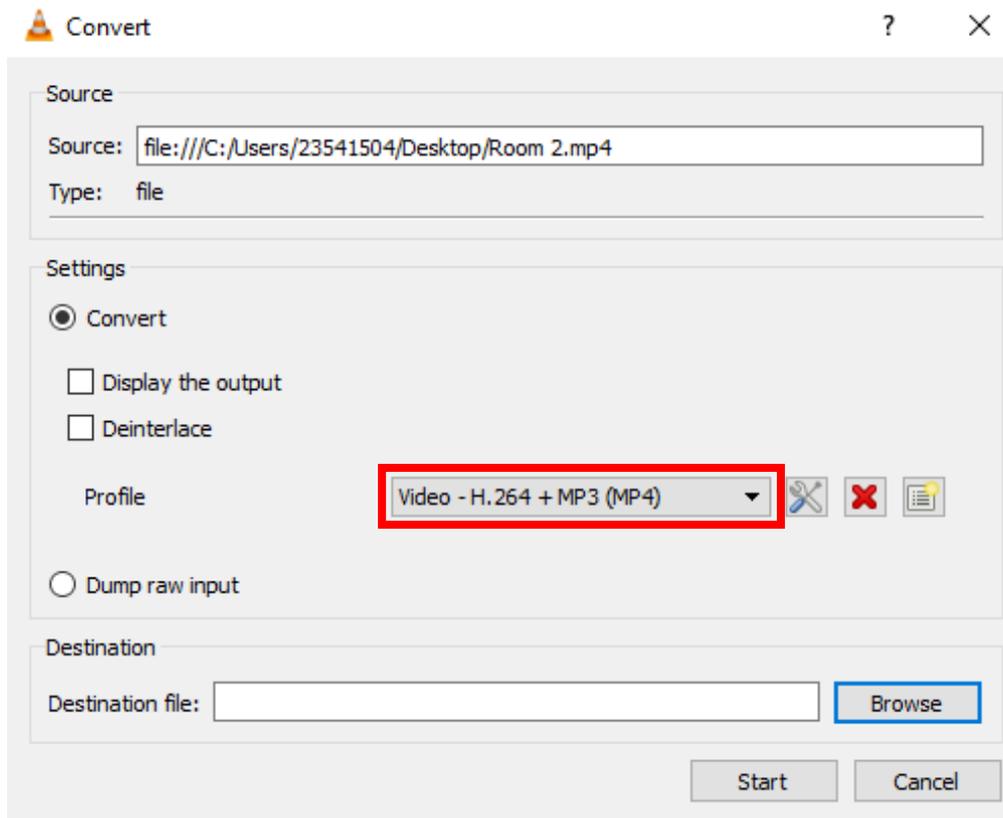
Step 5.2: Scroll all the way down and select Video for Youtube HD from the list.
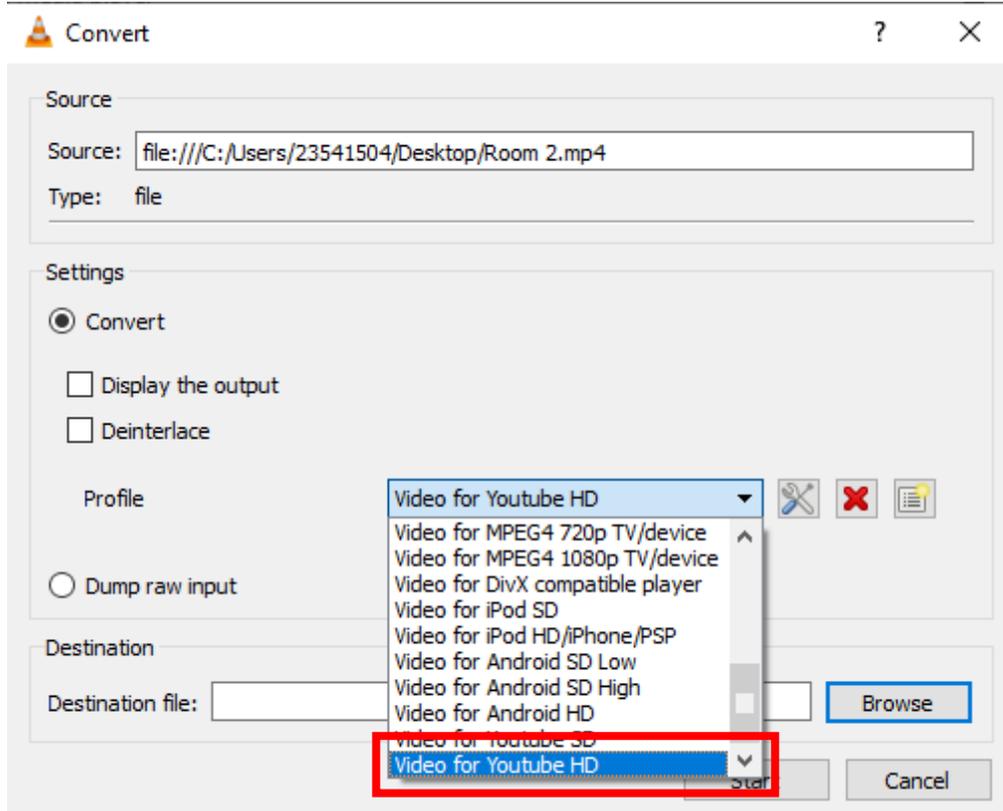
Step 6: Click on Browse to choose where you want to save your file and what name you want to give it. Afterwards, you will see that Destination file is now filled in. When you are ready to begin, click on Start.
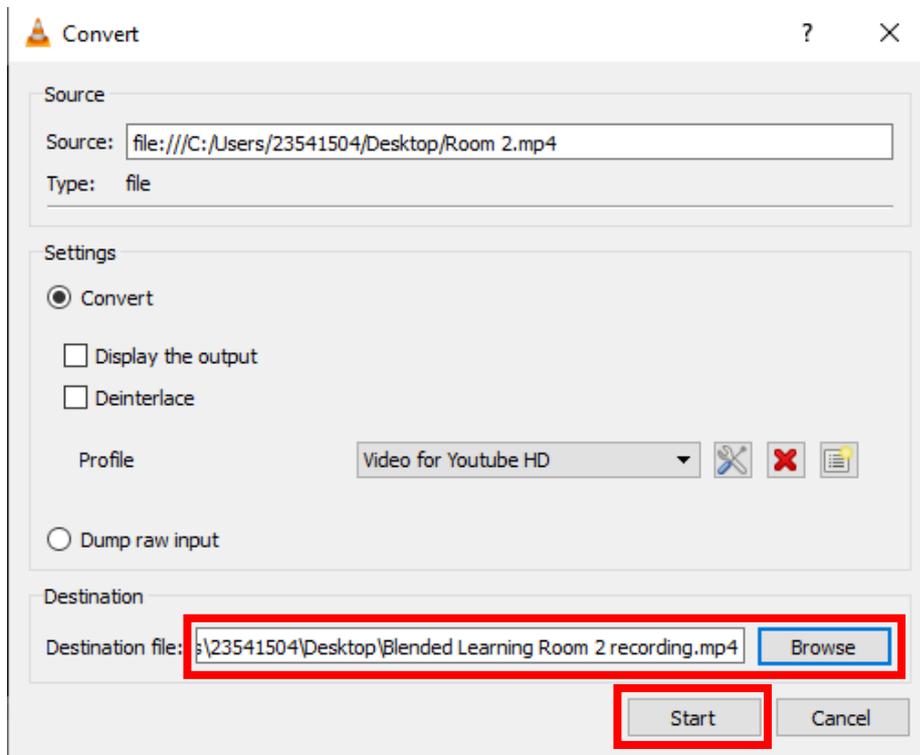
Step 7: You must now wait until the video finishes converting. You will see the progress in the seek bar. Once it has finished the time will change to --/-- and then you can close VLC and look for your new video.